

The “Wealth” Exercise

The Ideal Method for Building a Wealth Consciousness

By Dr. Joseph Murphy, *The Power of Your Subconscious Mind*, p. 107

Perhaps you are saying... ‘I need wealth and success.’ This is what you do: Repeat for about five minutes to yourself three or four times a day, ‘Wealth. Success.’ These words have tremendous power. They represent the inner power of the subconscious mind. Anchor your mind on this substantial power within you; then condition and circumstances corresponding to their nature and quality will be manifested in your life. You are not saying, ‘I am wealthy,’ you are dwelling on real powers within you. There is no conflict in the mind when you say, ‘Wealth.’ Furthermore, the feeling of wealth will well up within you as you dwell on the idea of wealth.

The feeling of wealth produces wealth; keep this in mind at all times. Your subconscious mind is like a bank, a sort of universal financial institution. It magnifies whatever you deposit or impress upon it whether it is the idea of wealth or of poverty. Choose wealth.”